

The outdoor fitness equipment experts.

OUTDOOR FITNESS ZONES

for a healthy life with benefits
of.....

SAFER SURROUNDINGS

NATURAL SURROUNDINGS

NATURAL LIGHT

FREE VITAMIN D

FRESH AIR

ECO FRIENDLY

NO ELECTRICITY

REDUCES STRESS

AVOID TEMPERATURE

EXTREMES

Design,
Site Prep,
Installation...
We do it all !

We specialise in the Manufacture, supply and installation of **outdoor fitness equipment** and related products for outdoor gyms, fitness trails and sports training centers

Our Products are installed in:

PUBLIC PARKS | SPORTS CLUBS | RECREATIONAL FACILITIES | SCHOOLS | REHABILITATION CENTERS | COMMUNITY PARKS | HOUSING & REAL ESTATE PROJECTS

Specifically designed for the outdoors such as Public Parks, Playgrounds, Parking lots, Periphery of walkways, Under trees, Pavements and for better utilization of office and residential buildings these have also been installed on rooftops where space is a constraint and, etc.

Standard Products

Our machines are available in two formats – Pole Attached & Standalone.

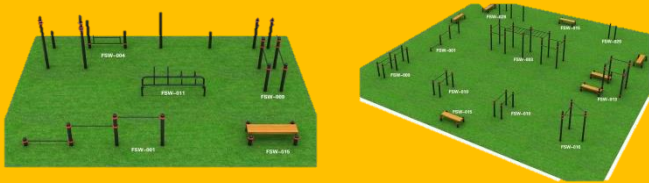
AIR WALKER | SKY WALKER | SHOULDER BUILDER | TAI CHI WHEEL | BACK EXTENSION | CHEST PRESS | CROSS TRAINER | CYCLE | DBL SITUP BOARD | HORSE RIDER | INVERSION MACHINE | LEG PRESS | LEG RISER | PUSH UP BAR | ROWER | SURF BOARD | SEATED PULLER | SIT UP BOARD | STEPPER SURF BOARD | SURF BOARD | TRIPLE SEATED TWISTER | TRIPLE STANDING TWISTER | MORE



Calisthenics

WHAT IS CALESTHENICS

It is a form of exercise designed to build Strength, Flexibility and Stamina and also helps increase cardio vascular fitness. The only weights involved are your own body weight. Calisthenics provide an invaluable aid for all kinds of exercises and we can supply a range of Outdoor equipment suitable for Parks, Sports Grounds, Children's Play areas or any open air areas where people can work out.



Abs Bench | Combination Unit | Parallel Bars | Pull Up Bars | Pummel Horse | Push Up Bars | Snake Bars | Wall Bars | Weights Bench | Monkey Bars

Services

WE DO IT ALL STEP BY STEP

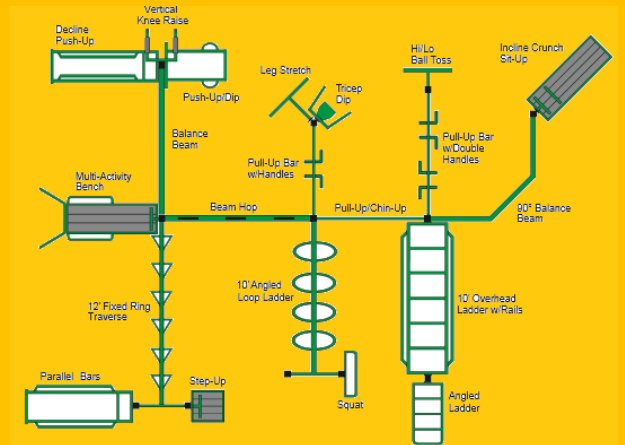
Our aim is to provide the most comprehensive customer service possible, beginning with the first point of contact and continuing throughout the project design, site preparation, delivery, commissioning, instruction & maintenance.

EQUIPMENT SELECTION

Our customers have unlimited options to customize and design their Outdoor Fitness Facility in keeping with the fitness goals, budget and site constraints. We currently have a very comprehensive range of

machines to choose from, and a selection of five or more (10 stations) will provide a good introductory layout. All our ranges and stations are fully compatible and interchangeable with each other, giving the customer the widest possible choices.

DESIGN & LAYOUT



In the first instance, we can carry out a site visit and supply design layout drawings which can be discussed and modified until a final layout plan/schedule is agreed. We will then provide a quotation outlining the equipment cost, delivery and Installation schedules etc.

More services ...!

SITE PREPARATION

We will provide all advice on all the requirements regarding the actual site preparation, surfaces and finishes. We can also carry out all necessary works and alternatively supply instructions to your own contractor.

DELIVERY

The equipment will be delivered from our stores to desired location site. Fitting will usually commence

on the same day as delivery so there should not be any requirement for long term storage facilities.

INSTALLATION

To comply with warranty and ensure proper installation, we install the equipment ourselves. Our qualified installers will demonstrate the correct use of equipment on installation.

INSTRUCTIONS

All our machines are simple to use and require minimal instructions or practice. All machines carry full instructions diagrams and information. Our qualified gym instructor can demonstrate the correct usage of each piece of equipment to the customer on completion of the installation.

MAINTENANCE / SERVICE

Our equipment is extremely sturdy and hard wearing requiring minimal maintenance/repairs. Full details will however be provided post installation. Annual Service is recommended and may be mandatory for insurance and warranty purposes. We arrange for an AMC at reasonable rates

COMPLEMENTARY EQUIPMENT SUPPLIES

To complement the facility, we can also supply a range of items and structures such as Notice Boards, Shelters, Lighting, Seating, Litter Bins, Foot Sanitisers etc. For further details contact us over the phone or email.



FUTURE COMMITMENTS

We are available at all times to assist our customer in every way.

Choosing your surface

We first understand your environment, its surroundings, expected usage, users profile and blend them all to suggest or recommend the kind of surface to match.

SHOCK PADS

Hard wearing, all weather

GRASS MATTING

Grass grows through keeps shoe mud free and slips & falls resistant

ASPHALT

All weather, extremely hard wearing, ideal for very heavy footfall areas & virtually maintenance free

ARTIFICIAL TURF

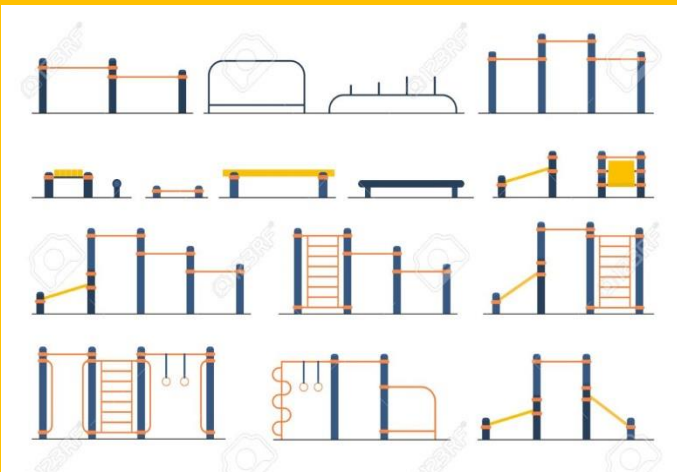
Low maintenance, all weather, Multiple colour options & is the most inviting surface for users.

GRASS

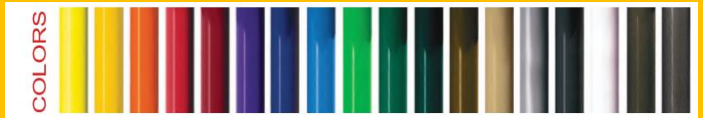
The simplest, natural living surface for low usage areas.

Call for more information
S. M. Engineering Works
98300-14150
98312-90148

**FITNESS IS NOT ABOUT BEING
BETTER THAN SOMEONE ELSE, IT'S ABOUT
BEING
BETTER THAN WHAT
YOU USED TO BE**



**CUSTOMISE YOUR
COLOUR CHOICE**



Need help in selecting your machines and better understanding of the equipment's and the areas of benefit, Call us.

Primary School Package

Double Air-walker, Horse Rider, tai Chi wheel, Double Surf Board

Secondary Schools Package

Uneven Bars, Seated Puller, Chest Press, Horse Rider, Sky Walker, Shoulder Builder, Double Air walker, Leg Press

Starter Pack

Double surf Board, Push Up Bar, Horse Rider, Standing Triple Twister

Special Needs Equipment

Call us to discuss your requirement

- Fitness Trail
- Parks & Recreation
- Pensioners Playground
- Urban Regeneration
- Street workout

**Compile a
selection based
on Space, Needs
or Budget**

**If you are seriously considering
enhancing your health & fitness &
want to know more or just feel
like having a chat on the subject,
JUST GIVE US A CALL**

**S. M. Engineering Works 98312-90148 info@smengineeringworks.in
Invision Sports 98300-14150 psr.invision@gmail.com**